



SANTE TOTAL

Healthcare for Haiti's Poor

Spring 2019

Sante Total, which means "Total Health" in Haitian Kreyol, aims to provide sustainable healthcare to rural communities in the Central Plateau region of Haiti. We believe you can only improve health through eradicating the disease of poverty. The Sante Total approach considers the entire person- physical health, well-being, education, and employment, to be essential to health and quality of life.



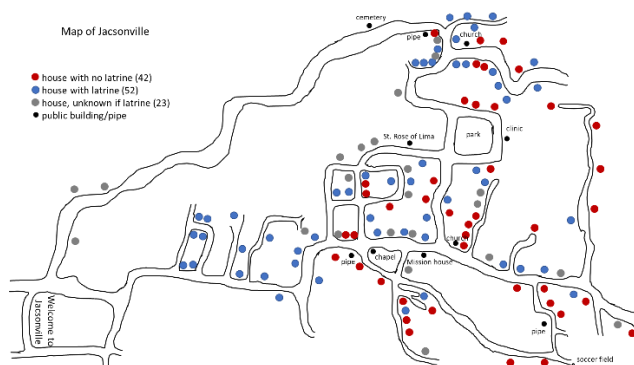
One of the many beautiful sunsets in Jacsonville

Developing a Map of Jacsonville

Maisson Dorvil, Translator for Sante Total

I'm Maisson Dorvil, from Jacsonville (Haiti). Finished with high school since 2017, thinking for university. I always help Sante Total with translations every time they have clinic. It's a pleasure for me to explain how I did a map of Jacsonville for Sante Total. For that was possible first, Carl asked me to do that, and I accepted because I always want to give my services in my community. But at that moment, I wasn't in Jacsonville, I was in Port-Au-Prince. Because of that, I left Port-Au-Prince to go to Jacsonville. For the map, I had needed for, pencils, erasers and a big piece of paper. Then I bought them. After these things, I invited two (2) friends to help me. Those friends were William and Myrbensly. I can say, that wasn't an easy work, but we did it. It was easy for us because we know Jacsonville very well. We know all the corners in Jacsonville. We just need few hours to do that. And some people said we have done a very good job. Last thing, the map is available. Thank You!!!!!!

** For a larger version of the map, contact us at santetotal@gmail.com.



Detailed map of Jacsonville, Haiti



Some of the medical staff from the January trip with Jacsonville children.

Fostering the unique New Orleans/Haiti Connection

Margarite Matossian, MD/PhD Candidate

New Orleans and the country of Haiti share unique cultural and historical connections. These connections originate from our shared histories, especially emphasized during the Louisiana Purchase, where the Haitian Revolution played a significant role. France had aimed to suppress the Haitian revolutionary armies before marching in to New Orleans with the aim of occupying Louisiana. However, the Haitian revolution caused this plan to fail, resulting instead in the Louisiana Purchase.

Currently, Haiti is still involved in a revolutionary era – Haitians are practicing their rights to protest the government and other practices that are deemed unfair. While this is, at times, tumultuous when the protests are

occurring, we at Sante Total prioritize safety of our medical teams.

To date, New Orleans celebrates the valuable Haitian contributions to the development of our city. During Mardi Gras, there are special parades and concerts to honor the Haitian culture and influence, namely through Krewe de Kanaval and Arcade Fire, a rock band. The founder of Arcade Fire, Regine Chassange, a Haitian woman who calls New Orleans her home, is an advocate for the Haitian people and culture.

Sante Total is making strides to foster the steadfast Haitian/New Orleans connections. We are working with local Haitian advocates to bring attention to Haitian artists and organizations living in New Orleans. One of these artists, **Leyla Mccalla**, is a cellist and folk singer whose music focuses on Haitian culture. She played at JazzFest in New Orleans on Friday, May 3 2019. Sante Total is excited to work more closely with New Orleans-based organizations that similarly focus to foster the New Orleans-Haiti connection. Keep an eye out for updates on this exciting venture!



Leyla Mccalla, folk musician and advocate for Haitian culture in New Orleans

To read more about the Haitian/New Orleans connection, read the New York Times article here:

<https://www.nytimes.com/2018/02/03/us/new-orleans-haiti-arcade-fire.html>



January trip participants getting to know the wonderful Jacsonville community.

Haiti Agroforestry Project Update

John Gallini and Fanfan Myriel

This project has been led by Fanfan Myriel with guidance from John Gallini. By mid-2017, we had established a tree nursery in the village of Jacsonville, Haiti (near Pignon). Over 1,000 seedlings had been started, including orange, grapefruit, avocado, mango and papaya. Several hundred seedlings were distributed to village families who were responsible for planting and care.

During the spring of 2018 the field was enclosed by a barbed wire fence, new solar panels and a new submersible water pump

were installed, and tree seedlings were planted in the field with the help of the school children.



Solar panels on the roof of the mission house

The first planting included:

- Mangoes (60), Spacing 10 meters
- Citrus (45), Spacing 7 meters
- Cherry trees (25), Spacing 7 meters
- Tamarinds (20), Spacing 7 meters
- Avocado trees (15), Spacing 7 meters

It will take some time for the trees to grow to the point where they shade the field. In the meantime, Gabriel (Gaby) Thelus (leader of Jacsonville) plans to plant field crops such as sweet potatoes of peas.

The Agroforestry Project recently acquired some new help. Fredvy Jean Francois, a young man from Jacsonville who is completing four years of college, returned to Jacsonville to help create a farming plan for the village. Part of his work had been to help with the planting and care of the fruit trees.

In January of 2019, Fanfan set up a trip to visit with Gaby and provide a report on the status of the project in Jacsonville.



The site of the nursery

The site of the nursery is still available but there is not a functioning nursery anymore as it was when Fanfan worked there.

Regarding the orchard, all the seedlings we have planted are alive but they need more attention (watering, weeding...). Some are more than 1.2 meters high. The well is functioning and they water the plants by hand. To help the plants to get a better development, Gaby told me they will produce a crop in the land so the plants will receive more care while they are taking care of the seasonal crops. I think it is a good way to solve that problem.



Fanfan measuring a citrus in the orchard

The fence of the orchards is well done. It is made with cactus and a wire. The seedlings we gave to the farmers in Jacsonville are growing well. Fanfan visited 3 stations where some farmers planted our seedlings and he was very impressed by one of them. The farmer told Fanfan he liked the seedlings very much and he comes to water them every day during the dry season. We agree that one of the most difficult parts of maintaining the agroforestry project is keeping the crops watered during the dry season.



School Lunch Program

Thanks to a grant from the St. Thomas of Villanova Parish and the bountiful vegetable and fruit harvest from the Agroforestry project, we have continued to provide 2-3 lunches a week to the 260 children at St. Rose of Lima School.

They recently had a special treat of goat stew, which they were all very excited about!

Please contact us if you would like to help sponsor the school lunch program. The grant we have received only covers a portion of the cost of the program, and we would like to expand so that we can provide lunch on a daily basis.



"V" is for Vision

By Paula A. Smith, M.Ed.

Anyone with less than perfect vision knows the feeling of elation during an eye examination when you peer through a lens and your hazy eyesight becomes clear, crisp and close. Unfortunately, a visit to the eye doctor is not

the same experience for people in Jacsonville, Haiti.

But thanks to the generosity of donors and organizations, there are countless varieties of well-made, used reading and prescription eyeglasses, some with attractive and sturdy cases, available for children to older adults at the eye clinic. There are also assorted sunglasses, some prescription, to select for protection against the bright glare of the sun.

However, the most important needs for the eye clinic are for a volunteer eye doctor and diagnostic equipment to use in vision examinations. If a serious eye problem is found when a patient receives a physical examination, such as glaucoma, cataracts, growths or injuries, they are referred to an ophthalmologist in Cap-Haitien, Haiti. Transportation and payment are provided by Sante Total. Problems with near-sightedness (myopia), or far-sightedness (hyperopia) are usually referred to the eye clinic. A volunteer, assisted by a local interpreter, assesses the specific vision concerns of the patient by asking questions and pointing to a simple eye chart. The interpreter translates responses from people who primarily speak Kreyol, French or Spanish. It then becomes a timely process of a volunteer offering different pairs of eyeglasses that have been previously categorized, for the patient to try on until an agreeable match is attained.

“Mesi!” an older man exclaimed in Kreyol with a big smile. He thanked the volunteer when his vision improved with a pair of donated prescription glasses.

“An ophthalmologist is one of our most difficult positions to fill,” said Dr. Barbara Weis,

executive director of Sante Total. On each day of the six-day clinic there are approximately 10 to 15 people referred for eyeglasses.

Financial Update

E. Alton Sartor, MD, MBA

Brief Sante Total Financial Report for 2018

Starting balance: \$25,919

Ending Balance: \$68,102

Income: \$79,439

Goodman Lentz Family Fund for clinic construction costs: \$25000

Expenditures: \$35,657

Direct outlays to Haiti: \$16,038

Medicine: \$5800

FUTURE MEDICAL TEAM DATES

September 21-28, 2019

January 11-18, 2019

If you are interested in signing up please contact us at [santetotal.healthcare@gmail](mailto:santetotal.healthcare@gmail.com) in regards to the trips; more information will be available as dates come closer.

Sante Total Wishlist

Purchase important medical supplies to support our clinics! Our wish list can be found here: <https://www.amazon.com/registry/giftlist/LMFZ E20HRC2L>

If you want to avoid making personal contributions, we started to use Amazon Smile, which allows you to donate money to Sante Total while you shop for multiple purchases on Amazon! The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases. You can do this in 3 easy steps:

1. Search for: <http://smile.amazon.com>
2. Look up Sante Total under 'organizations'
3. Shop and earn money for Sante Total!

Need GIFT ideas? Shop online for Sante Total shirts, mugs, baby clothes, etc. They make the perfect holiday/birthday gifts!

Link to merchandise:

http://www.cafepress.com/santetotal?awc=4102_1449_203914_18e89914d5d5cd3877110659e0b65ba7&utm_medium=affiliate&utm_source=aw&utm_term=85386&utm_content=0



Funds needed for Sante Total

Please consider donating to Sante Total. We are running very low on funds which will make it difficult for us to continue to support our projects in Jacsonville.

We are making progress, but please remember we still need ongoing financial support to continue projects throughout the year! Our cupboards are looking quite barren! Even \$20 can go a long way in Haiti. **Please designate: “Sante Total” for your**

contributions. There are two ways to give a tax-deductible donation:

1. **Visit our website** at www.santetotal.org and make a donation via Paypal.

2. **Write a check** payable to: "Sante Total" and mail it to:
Sante Total
4417 Baccich St.
New Orleans, LA 70112

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Happy Spring!